



Cutter Morning Star School

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Dear Health & Wellness Committee,

As we prepare for our next meeting, I want to briefly frame our discussion. One of the most significant factors affecting both student success and overall well-being is attendance. When students aren't here consistently, they miss far more than instruction—they lose access to daily support, meals, structure, positive relationships, and routines that help them stay healthy and connected. In many ways, ensuring students are present is our first and most important step toward improving their overall health and wellness.

At this meeting, we'll be reviewing our newly created Health and Wellness Survey. This survey is designed to help us better understand the underlying factors contributing to attendance challenges and other wellness concerns. As you look it over, please consider the following:

- Are the questions clear and easy for families or students to answer?
- Do they get at the real reasons students may be missing school — things like health needs, transportation, stress, or school climate?
- Will the responses help us make positive, practical changes that support students and families?

Our goal is to make sure this survey provides useful information so we can act and create a school environment where students feel safe, supported, and ready to show up every day.

Thank you all for the care, ideas, and perspective you bring to this committee. Your insight is essential as we work together to make attendance — and wellness — a shared priority for the district.

Agenda Preview

December 2, 2025

Welcome & Quick Approval of Minutes

Discussion: Attendance as a Health and Wellness Priority

Review and Feedback on Draft Health & Wellness Survey

Next Steps – Finalizing the Survey and Planning Distribution

Open Floor for Additional Wellness Ideas or Concerns