



# Cutter Morning Star School

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## Health and Wellness Agenda

Call to order & welcome (3 mins)

- Introduction of members

Review Wellness Policy (10 mins)

- Required to review every (3) year

Approval of last year's minutes (1 min)

- Spring final meetings in 2025

Share overall SHI results from last year (10 mins)

- Campus principals will share the results, group conversation

Nurse data from each campus last year (10 mins)

- Campus nurses will share the results, group conversation

Chronic absenteeism for 2023-2025 (10 mins)

- Lance will share the data, group conversation

Begin the Development of 2025-2026 Improvement Plan (15 mins)

- Break up into groups and discuss following areas: nutrition, physical activity, mental and emotional health at CMS

Closing comments (2 mins)